

# ARUNA AURA

### SPA & WELLNESS

# **TREATMENTS MENU**



## **BODY MASSAGES**



#### SIGNATURE MASSAGE.....

60 MINS 1,850 THB++ / 90 MINS 2,450 THB++

Our unique Signature Massage which you can only find at Aruna Aura. Our signature technique uses healing oils to bring peace to your body and mind.

#### STRESS RELIEF MASSAGE.....

60 MINS 1,850 THB++ / 90 MINS 2,450 THB++

This massage combines Thai and Swedish massage techniques. This deep tissue oil massage targets specific stress points to leave you feeling deeply relaxed.

#### THAI HERBAL COMPRESS MASSAGE.....

120 MINS 2,850 THB++

Revitalize your senses with our Thai Herbal Compress treatment, using warm herbal pouches filled with traditional Thai herbs to create a soothing and immune-boosting experience.

#### HAND & FOOT MASSAGE.....

30 MINS 700 THB++

This massage focuses specifically on the reflex points of the hands and the feet that harmonize inner organ function

### TRADITIONAL THAI MASSAGE.....

60 MINS 1,450 THB++ / 90 MINS 2,000 THB++

Rooted in centuries-old techniques, this therapy blends acupressure and gentle stretching to harmonize your body's energy flow.

#### INDIAN HEAD MASSAGE.....

45 MINS 1,250 THB++

An ancient Indian therapeutic practice where coconut oil is applied to the head, to enhance circulation, alleviate headaches, and promote a profound sense of mental clarity and wellbeing.

#### HOT STONE MASSAGE..... 90 MINS 3,000 THB++

During this gentle massage, warmed volcanic basalt stones are used to melt away tension, enhance lymph node function, and promote improved blood circulation.

The warmth of the stones is absorbed by the body to release all lingering tension.

#### BACK & SHOULDERS MASSAGE.....

60 MINS 1,350 THB++

This deep tissue massage has been especially curated for those who feel tension or pain around the upper and lower back.



## **BODY THERAPIES**



#### SOFTENING HONEY SCRUB.....

60 MINS 1,750 THB++

A rich combination of black sesame seeds with pure honey will gently exfoliate and rejuvenate your skin. Together, these ingredients promote a healthy complexion, leaving your skin deeply moisturized and remarkably soft.

#### PURE HONEY & HERB WRAP.....

60 MINS 2,200 THB++

The delightful fusion of natural honey and carefully selected herbs creates a cocooning experience that is not only deeply hydrating but also provides a profound sense of relaxation.

### MANICURE.....

60 MINS 1,300 THB++

More than your average manicure, this treatment provides true pampering for your hands. During this treatment your nails will be trimmed and shaped according to your preference, your hands will be scrubbed and conditioned. A relaxing hand massage completes the treatment before the application of your choice of nail polish.

### GEL POLISH REMOVAL.....

350 THB++

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Local Thai herbs and spices are used in this body treatment to gently cleanse and nurture your skin. This carefully curated blend of herbs are known for their antioxidant and anti-inflammatory properties promoting circulation and skin regeneration.

#### SUN DAMAGE BODY WRAP.....

60 MINS 2,200 THB++

This wrap helps to revitalize sunburned and sensitive skin. Pure honey, cooling cucumber and aloe vera will relieve the skin, decrease the skin temperature and have a deeply healing effect.

More than your average pedicure, this treatment provides true pampering for your feet. Your treatment begins with a soothing Tea Tree foot bath, followed by the expert removal of dead skin, a rejuvenating foot scrub, meticulous cleansing, trimming, and shaping of nails, culminating in a blissful foot massage, and the perfect finish with your choice of nail polish for a pampering experience





## FACIALS

#### MINI FACIAL 30 MINS 1,100 THB++

Indulge in this express facial which is suitable for all skin types. You will leave this cleansing, refreshing and moisturizing treatment glowing.

#### SIGNATURE FACIAL

60 MINS 2,100 THB++

Our signature treatment which can only be found at Aruna Aura, combining all-natural products with honey and tangerine for a bright, radiant complexion.

#### ANTI-AGE FACIAL

60 MINS 2,100 THB++

Revitalize your skin with our Anti-Age Facial, a tailored treatment designed to enhance elasticity, diminish fine lines, and leave you with a youthful glow.

### PACKAGES

# **TASTE OF PARADISE**90 MINS 2,600 THB++

Enjoy a Taste of Paradise with this 90 minute treatment which includes:

Choice of massage 60 minutes Mini facial 30 minutes

#### ROMANCE IN PARADISE.....

120 MINS 5,900 THB++ (two persons)

Come experience our Romance in Paradise package together with your loved one which includes:

Choice of Body Scrub Choice of Body Massage 60 minutes 60 minutes